



Hepatitis C

The Viral Hepatitis Program

The Ottawa Hospital
General Campus
Second Floor Module M
501 Smyth Road

Bus route: 106 Elmvale from
Hurdman Station

Phone:
(613) 798-5555 x 76362

Wondering if you've got it?

Get tested!
Go to...

Your doctor's office
The Mission Clinic
The Sexual Health Centre
Community Health Centre

Know you've got it?

Get referred to our program!

Ask a doctor or nurse to:

Fax a referral to:
(613) 739-6666

Not sure about seeing a doctor
yet, but want to get more
information?

Call our Outreach Worker at
(613) 798-5555 x 79554

Got the referral

Now what?

Our clerk will call you with an
appointment.

What to bring to your first
appointment:

A list of your medication and
all your questions!

What should I expect at my

first appointment?

- To see a nurse, a doctor and a social worker.
- To be asked questions about your health and your Hep C
- To get your blood pressure taken, to be weighed and to get a quick exam.
- To do blood work and a Fibroscan (don't forget to budget for extra time to get these done).
- To make a follow up appointment with our doctor.

What happens next?

- At your next appointment the doctor will discuss your test results.
- He will also talk to you about some ways to take care of your Hep C.
- Sometimes that means regular Hep C 'checkups' in our clinic, sometimes it means treatment.

What's treatment like?

- an injection once a week
- pills every day
- lasts 6-12 months
- tough side effects (fatigue, flu-like)
- if successful you are cured!

Who is there to help?

- Throughout your time with us someone will be there to help you. We have:
- doctors and nurses
- social workers
- a psychologist
- a psychiatrist
- pharmacist