

SCC11. HEALTHY SEXUALITY QUESTIONNAIRE – ABORIGINAL WOMEN

USE WHEN YOU WANT TO EVALUATE:

Outcomes :

- ✓ Awareness and knowledge
- ✓ Skills / competency and capacity of individuals
- ✓ Healthy behavior

Intervention types:

- ✓ Skill building sessions to increase capacity to engage in risk reduction behaviors
- ✓ Targeted education activities for priority population
- ✓ Targeted awareness activities for priority population

Worked well with these populations:

- ✓ Aboriginal women

Interventions for:

- ✓ HIV
- ✓ STIs

DESCRIPTION

Short questionnaire for women participating in workshops or activities focused on developing confidence and capacity to become empowered in their sexuality.

WHY THIS TOOL MIGHT BE USEFUL FOR COMMUNITY-BASED INTERVENTIONS

- ✓ Was developed and used in an evaluation of community-based intervention in 11 rural-remote Aboriginal communities, producing lessons learned about the intervention effectiveness.
- ✓ Is sensitive to the reticence of some Aboriginal women in this area.

Developed in:

- ✓ English

ADMINISTRATION, DESIGN, SCORING and ANALYSIS CONSIDERATIONS

ADMINISTRATION

- This questionnaire should take about 10 minutes to fill out each time.
- Tell participants why you are using the questionnaire, being clear that it is to evaluate the intervention and not them, to help make it better.
- Participation should be voluntary, so tell participants that it is ok if they do not complete the questionnaire, and assure participants that there are no negative consequences if they don't want to complete it. Give them a way to do something else at the same time that looks similar to completing the questionnaire so that the confidentiality of this decision is protected. (For further information on ethical considerations in carrying out evaluations, see [Ethics Resources](#))
- If used in a group setting, ensure that people feel safe and the space is confidential; no one can see their answers (can see their screen or papers), put completed questionnaires into a sealed envelope.

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DESIGN OPTIONS

Measuring before and after intervention(this is the best option because it measures real change)

1. **WHEN TO USE:** Have the questionnaires filled out before the intervention or at the very beginning of it, and again after, as close to the end as possible (often the very last session is not suitable because it may be a celebration, or have low attendance).
2. **LINKING RESULTS:** Include a way to match the same person's pre and post questionnaires while protecting confidentiality, for example using a password or unique identifier that respondents generate and remember (see [Tips for passwords](#)).
3. **SCORING:** Create each woman's total pre-program and post-program Healthy Sexuality Scores by calculating her [average](#) of the 6 questions. Average score can range from 1 to 5. Higher scores are better.
4. **ANALYSIS:** Compare the pre and post scores for each individual, noting how many people improve, how many stay the same, and how many get worse.

Measuring change only after the end of an intervention: (this is the second best option, because people often think the intervention has had more effect than it really did)

1. Use only the after-intervention version.
2. **SCORING:** Create each woman's total Healthy Sexuality Scores by calculating her [average](#) of the 6 questions. Average score can range from 1 to 5. Higher scores are better.
3. **ANALYSIS:** Note how many women say they improve, how many stay the same, and how many get worse.

SCC11. Evaluation Questionnaire: Healthy Sexuality – an Aboriginal Women’s Workshop

Please rate the following using a scale of 1 to 5.

1= Strongly disagree 2 = Disagree 3 = Neither disagree or agree 4 = Agree 5 = Strongly Agree

Pre-intervention version

a) I know how to protect myself from HIV and Sexually Transmitted Infections.	1	2	3	4	5
b) I am usually shy to talk about sexual matters.	1	2	3	4	5
c) I feel that I will be able to use the communications skills from this workshop in my life.	1	2	3	4	5
d) I am comfortable talking about sex with important women in my life such as an aunt, daughter or sister.	1	2	3	4	5
e) I feel embarrassed about my sexuality.	1	2	3	4	5
f) I think I will be less embarrassed to talk about sexual health issues once taking this workshop.	1	2	3	4	5

Post-intervention version

a) I know how to protect myself from HIV and Sexually Transmitted Infections.	1	2	3	4	5
b) I am usually shy to talk about sexual matters.	1	2	3	4	5
c) I feel that I can use the communications skills from this workshop in my life.	1	2	3	4	5
d) I am comfortable talking about sex with important women in my life such as an aunt, daughter or sister.	1	2	3	4	5
e) As a result of this workshop, I feel less embarrassed about my sexuality.	1	2	3	4	5
f) I think I will be less embarrassed to talk about sexual health issues since taking this workshop.	1	2	3	4	5

Source: Community Workshops Series: Addressing the needs of rural Yukon First Nations, Federal Initiative to Address HIV/AIDS. Program Evaluation Report, 2013 -2014. Patti Balsillie Management Consulting for the Blood Ties Four Directions & Council of Yukon First Nations Project