

PRE-TEST COUNSELING OVERVIEW

Describe Test

*This is a 60 second blood test that screens for HIV.
(refer to laminated test result diagram).*

Window Period

It takes time for HIV to show up in your blood. This test might not be accurate if you test too soon. If you have shared injection equipment or had unprotected sex within the last month, you should get tested again in another 3 months when the test is more accurate. If you are worried about a recent event this past month, be sure to see a health care provider for other testing options.

Reportability, Nominal & Non-nominal options and Partner Notification

HIV is an infection that we have to report to a Public Health Nurse much like other infections such as syphilis or hepatitis. If the test is positive, a nurse will be contacting you to offer support and also to discuss if any of your partners might benefit from a HIV test. No one else will know your results. You have the option of telling this nurse about your positive result by using either your full name or your initials.

Discuss HIV Transmission

Personal Readiness of Client for Test

- A) *What result are you expecting today?*
- B) *Would you harm yourself or others if you receive an unexpected result?*
- C) *Do you have supports that can help you cope with an unexpected result?*

After asking these questions determine the following

- Does the client have a clear state of mind?
- Does the client understand what you have discussed?
- Are they alert?

Where Can I Find You?

Record all information on the intake form before testing!!

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Test

1. Cleanse area with alcohol swab
2. Draw blood with finger stick
3. Fill pipette to the black line with blood
4. Add to bottle # 1 and mix
5. Pour bottle #1 into the membrane unit
6. Add bottle # 2 to the membrane unit
7. Add bottle # 3 to the membrane unit
8. Read results

POST-TEST COUNSELING OVERVIEW

Negative

- Interpret results as negative
- Discuss HIV risk reduction
- Recommend repeat testing after 3 months
- Provide testing incentive to participant
- Walk participant to main area
- Return paper work to registration

Positive

- Interpret results as preliminary positive
- Discuss risk reduction
- Walk to nursing station for blood test, give nurse intake forms
- Say: *"The test result is a preliminary positive, we need to move on to the next step and take you over to the nurse for additional bloodwork."*

Indeterminant or Invalid

- See back of intake form for instructions

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