

Engagement in Care at the Dr. Peter Centre

Food & Nutrition

Wholesome nutrient-dense meals & dietary guidance for improved health

Community Linkages

Housing advocacy & assistance with other social and medical services

HIV Medication Maintenance

Treatment adherence support to suppress the virus & prevent new HIV transmissions

Art & Music Therapy

Creative expression, self-awareness & communication skills development

Social Participation

Social engagement, computer literacy, conflict resolution & a sense of belonging

Counselling

Mental health, emotional wellness & addictions

Recreational & Complementary Therapy

Weekly activities, gardening, fitness, yoga & acupuncture

Specialized Nursing

Health stabilization, long-term care & compassionate end-of-life care



DR. PETER CENTRE

The Dr. Peter Centre provides support to some of British Columbia's most vulnerable citizens who face poverty, homelessness, and mental health and addiction issues in addition to HIV/AIDS.

The Centre uses an integrated model with multiple entry points to engage individuals in their health care with a specific goal of improved adherence to HIV treatment and overall improved health.

The Centre provides **three core programs**:

DAY HEALTH PROGRAM

A seven-day-a-week day health program that provides a therapeutic milieu to ensure uninterrupted engagement in treatment, including:

- Adherence to antiretroviral therapy (ART) and other medications
- Access to advanced nursing care and nutrient-dense meals
- Use of counselling, art and music therapy
- A safe place for social engagement and peer interaction

24-HOUR SPECIALIZED NURSING CARE RESIDENCE

A 24-hour licensed care facility that provides specialized nursing care for adults with HIV/AIDS and complex health issues including mental illness and addiction. The service includes stabilization, transition care, long stay and palliation.

ENHANCED SUPPORTIVE HOUSING PROGRAM

Individual furnished suites with staff providing a series of customized supports, including case management, housekeeping and individualized living skills support. Daily nutrition, nursing, counselling and recreation therapy is provided through the day health program, and after hours nursing support is provided through the 24-hour specialized nursing care residence.



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