

## Case study #1

- Jenna was granted permanent residency in Canada after working as live-in caregiver for three years. Two years went by, and she was able to sponsor Joel, her husband, and their two daughters - Amy, 9 and Nora, 13. They share a 2-bedroom apartment with two of Jenna's friends.
- They eventually found an affordable three bedroom apartment in Windsor and were happy to find a couple of grocery stores that suited their needs not too far away.
- Joel is doing shift work as a stocker in Metro, despite practicing as a mechanic in the Philippines. Jenna working as a personal support worker at a nearby nursing home, but hopes to take the bridging program for nursing. They both work long hours 6 days a week.
- For the past few months, they have been going to a drop-in clinic and have had a hard time finding a family doctor. Their youngest child has been having asthma attacks and eczema since moving.
- While figuring out how to enroll Nora in a public school they found out that she had missed a vaccination for Hepatitis A and B. They also received a pamphlet about Hepatitis C in Tagalog
- Joel and Jenna were not sure if they had ever gotten a vaccine for Hepatitis A and B themselves. Jenna remembers getting some vaccinations as a child from a travelling physician and is worried the needles might have been reused. She is thinking about getting tested but doesn't want to jeopardize her ability to work and support her family.

## Discussion questions:

- What are the priorities for this person right now?
- What are some key barriers that they are facing to maintaining their health including getting tested?
- What resources could they access?

## Case study #2

- Anna, 33, moved to Canada 2 and a half months ago from Philippines. Despite having a BA in Social Work, which qualified her to immigrate as a skilled worker, she found out that she couldn't work in her field without enrolling in an upgrade course in university for a year.
- While doing shift work as a data entry clerk during the days and weekends to save some money for school, she is also in upgrading courses three nights a week.
- One of the few friends that Anna made at work started noticing that she was tired all the time. Maricar offered her something in the middle of their shift one day that would "help her stay awake and study". Maricar was one of the few people that she had developed a friendship with since she arrived as she had little time outside of work and school. Sometimes they would snort drugs together during their shift and Anna has started to skip sleeping 1 or 2 nights a week.
- Anna noticed that she is feeling more anxious during the day and she has nosebleeds sometimes even with a humidifier running at night.
- She wakes up feeling very sick one day but doesn't know what she can do for healthcare as she doesn't have an OHIP card yet.

## Discussion questions:

- What are the priorities for this person right now?
- What are some key barriers that they are facing to maintaining their health including getting tested?
- What resources could they access?

### Case study #3

- Freddy 45, immigrated to Canada 15 years ago from Philippines. They were trained as a plumber and immediately found work as part of a union working for the city of Toronto.
- Freddy has been happy with their work. With their salary they have been able to sponsor a number of family members over the last decade to join him. He also had health benefits he could extend to their partner and he started a family while in Canada. They have a daughter, named Marylou, 7.
- Since coming to Canada he started drinking with some of his coworkers after work and at celebrations for completing large projects. He began having a beer with dinner and a little bit more over the weekend.
- His union supports charity work and events every year and one year there was a blood drive. Freddy is happy to participate as he had a bad accident while apprenticing many years back and needed a blood transfusion.
- About a month later they received a letter in the mail saying their blood tested positive for hepatitis C antibodies. The letter stated he would need another test to find out if there is still active virus active in the body. He doesn't know anything about hepatitis C and goes online to find more information.
- He isn't sure about where to get tested and feels unable to go to the local clinic because their niece works as one of the receptionists there.

### Discussion questions:

- What are the priorities for this person right now?
- What are some key barriers that they are facing to maintaining their health including getting tested?
- What resources could they access?