

B12. PSYCHOSOCIAL OUTCOMES CHECKLIST

USE WHEN YOU WANT TO EVALUATE:

Outcomes :

- ✓ Access to care and support

Intervention types:

- ✓ Skill building sessions to increase capacity to engage in risk reduction behaviors
- ✓ Outreach to priority populations to increase their capacity to engage in risk reduction behaviors
- ✓ Interventions to promote retention and care in treatment
- ✓ Activities to help people living with HIV/AIDS, hepatitis C or related communicable diseases access resources and services

Worked well with these populations:

- ✓ Aboriginal clients

Interventions for:

- ✓ HIV
- ✓ STIs
- ✓ hepatitis C

DESCRIPTION

Checklist of possible psychosocial outcomes or changes for participants of supportive intervention.

WHY THIS TOOL MIGHT BE USEFUL FOR COMMUNITY-BASED INTERVENTIONS

- ✓ Used in a northern Aboriginal context with clients facing multiple challenges.

Developed in:

- ✓ English
- ✓ French

ADMINISTRATION, DESIGN, SCORING and ANALYSIS CONSIDERATIONS

ADMINISTRATION

- This checklist should be filled out by an outreach worker or another worker who has direct contact with the participant, only with the participants' consent.
- Tell participants why you are using the checklist, being clear that it is to evaluate the intervention to help make it better, and not to evaluate or judge them.
- Participation should be voluntary, so tell participants that it is ok if they do not complete the questionnaire, and assure participants that there are no negative consequences if they don't want to complete it. Give them a way to do something else at the same so that the confidentiality of this decision is protected. (For further information on ethical considerations in carrying out evaluations, see [Ethics Resources](#))
- Ensure that respondents feel safe and comfortable; and that the space is confidential so that no one can hear their answers, and completed checklists are put into a sealed envelope.

DESIGN OPTIONS

Measuring change during and after an intervention: (this is the only option for this tool, because it assumes that the participant has been engaged in a change process and asks only about improvement)

1. **SCORING and ANALYSIS:** Calculate, over a standard time period (e.g., the last year) for what percentage of people each option was checked.

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Improvement in the person's situation					
Did the person achieve their objectives?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't know		
Has the person improved their quality of life?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't know		
What difficulties were encountered?	Did the person make decisions and take action to improve their situation?		Did the person's situation improve over the last year?		
	Yes	No	Significantly	Slightly	Not at all
<input type="checkbox"/> Drug abuse / addiction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Alcohol abuse / addiction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Gambling addiction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Family / marital relations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Behavioural issues	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Neglect	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Parenting skills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Physical / mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Stress / anxiety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Crisis situation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Suicidal ideation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Violence	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Poverty / isolation / social exclusion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Homelessness / transience	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Sex / prostitution	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> STBBI	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Socioeconomic status	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Needs – integration/reintegration	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Needs – Indian residential schools	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Basic needs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Autonomy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Other: _____		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
What steps has the person taken to reduce or eliminate their risk behaviour?	Was the person referred by another internal or external service?		Was the person referred to another internal or external service?		
<input type="checkbox"/> Underwent a screening test	<input type="checkbox"/> Health Centre		<input type="checkbox"/> Health Centre		
<input type="checkbox"/> Uses a condom	<input type="checkbox"/> Youth Centre		<input type="checkbox"/> Youth Centre		
<input type="checkbox"/> Uses a different substance	<input type="checkbox"/> Street work		<input type="checkbox"/> Street work		
<input type="checkbox"/> Reduced their consumption	<input type="checkbox"/> Sexual assault assistance		<input type="checkbox"/> Sexual assault assistance		
<input type="checkbox"/> Went to treatment	<input type="checkbox"/> Treatment centre		<input type="checkbox"/> Treatment centre		
<input type="checkbox"/> Found housing	<input type="checkbox"/> Other: _____		<input type="checkbox"/> Other: _____		
<input type="checkbox"/> Applies universal precautions	<input type="checkbox"/> Don't know		<input type="checkbox"/> Don't know		
<input type="checkbox"/> Does not lend/borrow personal hygiene items					
<input type="checkbox"/> Other: _____					
<input type="checkbox"/> Don't know					

Source: Provided by PHAC from a Funded Recipient