How do I know it's serious?

When to seek medical care for wounds

Wounds can get worse quickly and lead to life-threatening infections in your blood.

Tell a trusted healthcare provider or harm reduction worker if you have a wound, no matter how small it is.



S.T.O.P. ! SIGNS





- gets bigger (trace the outside of the reddened area with a marker to watch for this)
- swollen (puffy)
- edges are red or bleeding
- red streaks (painful reddish lines coming from wound or red stripes up the skin)



Temperature

- feels warm or hot to touch
- you have a fever



Odour

smells bad or different



Pain or Pus

- hurts more
- liquid or green/yellow pus

Your health matters. You deserve respectful care.



