

MAPPING THE BODY:

CHOOSING A VEIN FOR SAFER INJECTION

Some places on the body are safer to inject into than others. Choose these areas when you inject. Try to rotate injection sites and the veins you use. Doing these things will help you prevent harms such as infection, vein damage, blood clots or bleeding that won't stop.

IF YOU'RE INJECTING DRUGS INTO A VEIN:



These areas are **safer**.



Try to **avoid** these areas.



These areas are **dangerous**.



Injecting into an artery is dangerous and will really hurt. Arteries have a pulse (heartbeat) that you can feel.

IF BLEEDING DOESN'T STOP IN FIVE MINUTES, GO TO THE HOSPITAL RIGHT AWAY.