



RECOMMENDED BEST PRACTICE POLICIES TO **facilitate use of foil sheets for safer smoking of heroin and other drugs**



DISTRIBUTE SUPPLIES

- Based on the quantity requested by clients with no limits

EDUCATE ABOUT

- Safer use of foil
- The proper disposal of used foil
- Safer smoking practices
- The risks of sharing smoking supplies
- Overdose prevention practices

DISPOSE

- Dispose of used foil in accordance with local regulations for biomedical waste

RISKS

- Smoking drugs can lead to lung and breathing problems
- Store-bought aluminum foil may be coated with cooking or vegetable oils that burn when heated and are inhaled
- Sharing foil tubes/pipe and may lead to transmission of HIV, HCV, HBV

BEHAVIORS

- In the absence of borosilicate glass tubes or pipes (eg. stems), foil is occasionally used to make tubes or pipes to direct the vapours when "chasing the dragon".
- Sharing foil tubes/pipes can occur