



Canada's source for
HIV and hepatitis C
information

La source canadienne
de renseignements sur
le VIH et l'hépatite C

World AIDS Day 2018

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What is World AIDS Day?

World AIDS Day, December 1, which also launches the start of [Aboriginal AIDS Awareness Week](#) in Canada, is a time for reflection: on what we have achieved with regard to the national and global response to HIV, and what we still must achieve.

World AIDS Day is a day dedicated to commemorate those who have passed on and to raise awareness about AIDS and the global spread of the HIV virus.

The first World AIDS Day was held in 1988 after health ministers from around the world met in London, England and agreed to such a day as a way of highlighting the enormity of the AIDS pandemic and nations' responsibility to ensure universal treatment, care and support for people living with HIV and AIDS.

[UNAIDS](#) has announced that the theme for World AIDS Day 2018 is ***Know your status*** .

According to the [UNAIDS Data 2018](#) report, an estimated 940,000 people worldwide died of AIDS-related illnesses in 2017. There were an estimated 36.9 million people with HIV around the world in 2017.

On a national scale, the [Public Health Agency of Canada](#) estimated that at the end of 2016 there were 63,110 Canadians with HIV. An estimated 86%% of the people in Canada with HIV were diagnosed and aware they had HIV. This means that an estimated 14% of people with HIV were undiagnosed at the end of 2016.

We invite you to explore the information and resources on this page that may help you in your work and in your own acknowledgement of this special time.

What's coming up in HIV prevention and treatment?

Only five years ago, HIV pre-exposure prophylaxis (PrEP) had not been approved in Canada. Public health messaging on sexual transmission risk with an undetectable viral load was still indecisive. And many people living with HIV were still being advised to delay treatment until their CD4 count started to decline.

All of that has now changed in Canada. [PrEP was approved by Health Canada in 2016](#), Canadian public health leaders now say that "[undetectable equals untransmittable](#)", and clinical guidelines now recommend [offering HIV treatment upon diagnosis](#) to maximize long-term health and survival.

With such rapid developments over such a short period of time, it's not unrealistic to expect even more dramatic developments to come in the near future. We asked our experts in HIV prevention, testing and treatment what innovations are emerging or might be next on the horizon. Here's what they said.

[Read more.](#)

HIV/AIDS in Canada

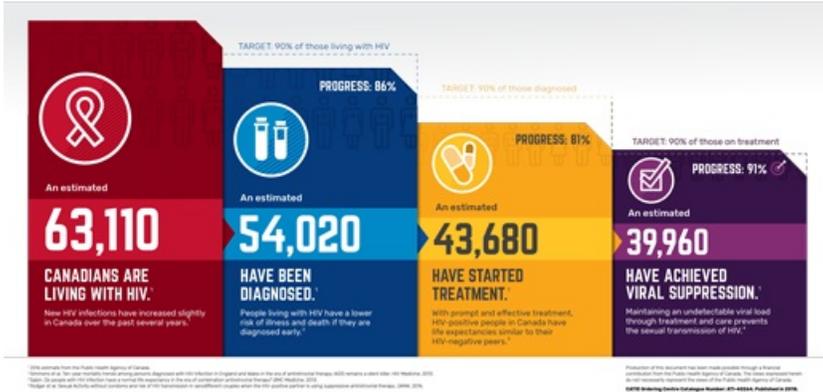
This infographic poster is based on 2016 estimates from the Public Health Agency of Canada.

CANADA'S PROGRESS ON 90-90-90 TARGETS



Canada has committed to meet global targets for HIV testing and treatment by 2020. **90%** of people living with HIV diagnosed | **90%** of people diagnosed starting treatment | **90%** of people on treatment achieving viral suppression

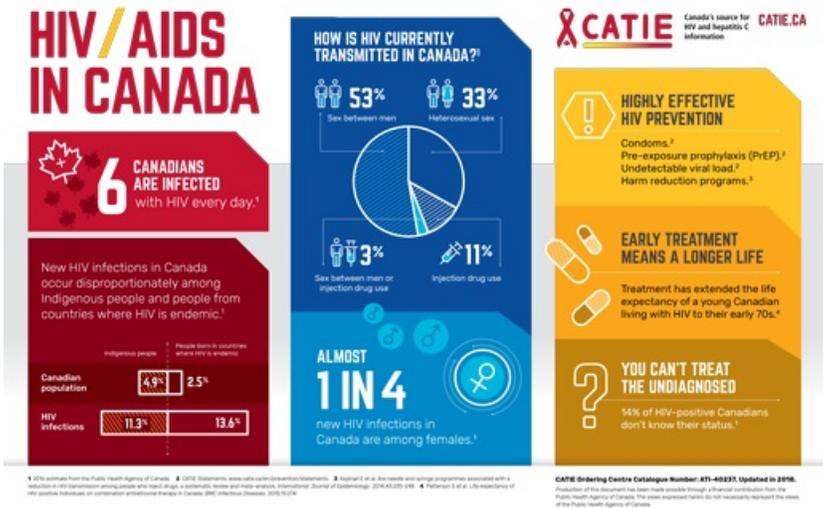
It is projected that meeting these targets will end AIDS as a public health threat by 2030. This was the state of our progress at the end of 2016:



- [Canada's progress on 90-90-90 targets](#) [Order online]

For a summary of the most recent estimates for HIV infections in Canada, see [Summary: Estimates of HIV incidence, prevalence and Canada's progress on meeting the 90-90-90 HIV targets, 2016](#).

This infographic poster is based on 2016 estimates from the Public Health Agency of Canada.

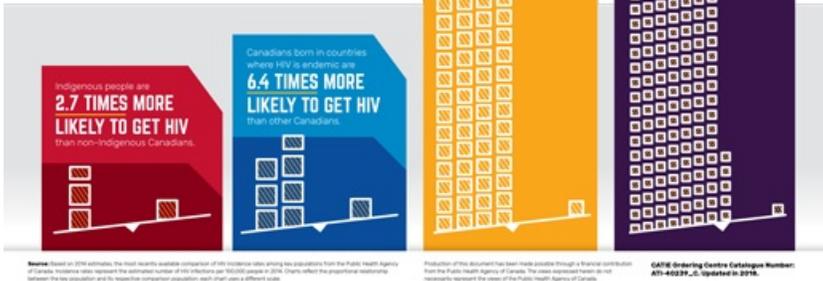


- [HIV/AIDS in Canada](#) [Order online]

This infographic is based on 2014 estimates from the Public Health Agency of Canada.

WHERE IS HIV HITTING HARDEST?

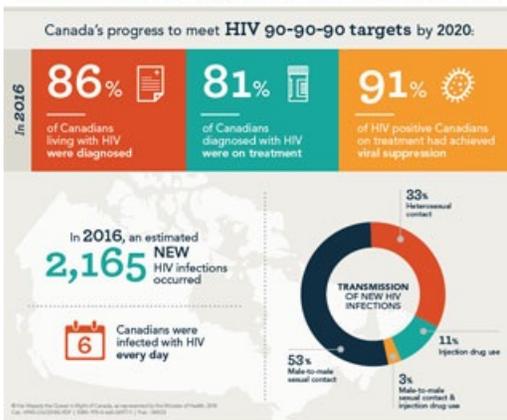
While HIV does not discriminate and can affect anyone, Canada's HIV epidemic is concentrated in key populations – a result of both biological risk factors and the social determinants of health.



- [Where is HIV hitting hardest?](#) [Order online]
- The [Public Health Agency of Canada](#) monitors the HIV epidemic in Canada.

HIV IN CANADA

In 2016, an estimated **63,110** people were living with HIV



To learn more about HIV and what you can do to prevent the virus, visit: [Canada.ca](#) and search HIV/AIDS

- [HIV in Canada](#) infographic

Additional resources include:

- [The Epidemiology of HIV in Canada](#) – CATIE fact sheet
- [The Epidemiology of HIV in Gay Men and Other Men who have Sex with Men](#) – CATIE fact sheet
- [The epidemiology of HIV in people who inject drugs in Canada](#) – CATIE fact sheet
- [The epidemiology of HIV in females](#) – CATIE fact sheet
- [The epidemiology of HIV in youth](#) – CATIE fact sheet
- [HIV in Canada: A primer for service providers](#) – CATIE

Order resources for World AIDS Day 2018

[World AIDS Day Suggested Resources](#) - recommended educational resources to develop your own campaign activities

Get more information about HIV/AIDS

[HIV Basics](#) – The basics on HIV transmission, testing and treatment

[I know my HIV status](#) – Basic information about HIV testing

[The Power of Undetectable](#) – What you need to know about HIV treatment as prevention

[8 Questions About PrEP for Guys](#) – Basic information about pre-exposure prophylaxis for gay, bisexual, and other men who have sex with men

[The Positive Side](#) – Life stories by and for people with HIV

Youth-friendly sites

[TeenHealthSource](#) – A teen site from Planned Parenthood Toronto

[YouthCO](#) – HIV and hepatitis C peer support and advice for Canadian youth

[Teen Talk](#) – A site for youth from Klinik Community Health Centre, Winnipeg

[Native Youth Sexual Health Network](#) – An organization by and for Indigenous youth that works across issues of sexual and reproductive health, rights and justice throughout the United States and Canada.

[Sex & U](#) – Sexuality education and information

[Go Ask Alice](#) – Columbia University's health Q&A internet service

[Sex, etc.](#) – Rutgers University's "by teens, for teens" web site

[Info for Teens](#) – Sexual health web site for teens by Planned Parenthood Federation of America

For information on HIV and AIDS in Canada and the rest of the world, check out these resources:

- [Canada](#)
- [Global](#)

Canada

[CATIE](#)

[Canadian AIDS Aboriginal Network](#) (CAAN)

[Canadian AIDS Society](#) (CAS)

[Canadian Association for HIV Research](#) (CAHR)

[Canadian HIV/AIDS Legal Network](#)

[Canadian HIV Trials Network](#) (CTN)

[Canadian HIV Vaccine Initiative \(CHVI\) Research and Development Alliance Coordinating Office \(ACO\)](#)

[Canadian Treatment Action Council](#) (CTAC)

[realize](#) formerly Canadian Working Group on HIV and Rehabilitation

[Interagency Coalition on AIDS and Development](#) (ICAD)

Global

[Joint United Nations Programme on HIV/AIDS \(UNAIDS\)](#)

[UNAIDS Data 2018](#) - UNAIDS

[Get on the fast track-track - the life-cycle approach to HIV](#) - UNAIDS

[AVERT](#) is an International HIV and AIDS charity based in the UK.

[International HIV/AIDS Alliance](#) is a global partnership of nationally-based organizations working to support community action on AIDS in developing countries.

[WHO and HIV/AIDS](#) - As the directing and coordinating authority on international health, the World Health Organization (WHO) takes the lead within the UN system in the global health sector response to HIV/AIDS.

A history of HIV/AIDS

A timeline of some of the important [Canadian and international developments](#) that have occurred over the history of the HIV epidemic.

What's happening in your community for World AIDS Day?

A listing of [World AIDS Day events](#) across Canada.

Produced By:



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information

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Disclaimer

Decisions about particular medical treatments should always be made in consultation with a qualified medical practitioner knowledgeable about HIV- and hepatitis C-related illness and the treatments in question.

CATIE provides information resources to help people living with HIV and/or hepatitis C who wish to manage their own health care in partnership with their care providers. Information accessed through or published or provided by CATIE, however, is not to be considered medical advice. We do not recommend or advocate particular treatments and we urge users to consult as broad a range of sources as possible. We strongly urge users to consult with a qualified medical practitioner prior to undertaking any decision, use or action of a medical nature.

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Information on safer drug use is presented as a public health service to help people make healthier choices to reduce the spread of HIV, viral hepatitis and other infections. It is not intended to encourage or promote the use or possession of illegal drugs.

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Available online at:
<https://www.catie.ca/en/world-aids-day>