



Canada's source for
HIV and hepatitis C
information

La source canadienne
de renseignements sur
le VIH et l'hépatite C

HIV-Related Infections and Other Health Conditions

Infections, cancers and other conditions that can affect people living with HIV

Infections

Infections that can affect people living with HIV

- [HIV-related infections and cancers](#) from *Managing Your Health*, CATIE's guide for people living with HIV
- [CATIE fact sheets on infections](#)
- [CATIE fact sheets on sexually transmitted infections](#)

[More on HIV-related infections](#)

Cancers

Cancers that can affect people living with HIV

- [HIV-related infections and cancers](#) from *Managing Your Health*, CATIE's guide for people living with HIV
- [CATIE fact sheets on cancers](#)

[More on HIV-related cancers](#)

Long-term Health and Wellness

Long-term health issues that can affect people living with HIV

- [A Practical Guide to a Healthy Body for People Living with HIV](#), CATIE's guide to preventing and managing multiple health conditions for people living with HIV
- [Diabetes and Blood Sugar Problems](#) from *A Practical Guide to a Healthy Body for People Living with HIV*
- [Hormone Changes](#) from *A Practical Guide to a Healthy Body for People Living with HIV*

Aging

The impact of aging for people living with HIV

- [HIV and aging](#) - healthy living tips for people 50 and over living with HIV
- [Managing Multiple Conditions](#) from *A Practical Guide to a Healthy Body for People Living with HIV*, CATIE's guide to preventing and managing multiple health conditions for people living with HIV
- [Growing Old Gracefully](#) from *The Positive Side*, CATIE's health and wellness magazine for people living with HIV

[More on HIV and aging](#)

Bone health

Bone health for people living with HIV

- [Bone Health](#) from *A Practical Guide to a Healthy Body for People Living with HIV*, CATIE's guide to preventing and managing multiple health conditions for people living with HIV
- [Boning Up on Bone Health](#) from *The Positive Side*, CATIE's health and wellness magazine for people living with HIV

- [Bone Health](#) from *TreatmentUpdate*, CATIE's digest on HIV and hepatitis C research and treatment

[More on bone health](#)

Brain health

Brain health and cognitive issues for people living with HIV

- [Brain Health](#) from *A Practical Guide to a Healthy Body for People Living with HIV*, CATIE's guide to preventing and managing multiple health conditions for people living with HIV
- [A Mind of Her Own](#) from *The Positive Side*, CATIE's health and wellness magazine for people living with HIV

[More on brain health](#)

Emotional health

Emotional and mental health issues for people living with HIV

- [HIV and emotional wellness](#) - how people with HIV can cultivate their emotional well-being
- [Show Yourself Some Love!](#) from *The Positive Side*
- [Ask the Experts: Anxiety](#) from *The Positive Side*, CATIE's health and wellness magazine for people living with HIV
- [Ask the Experts: Learning to Live with Grief](#) from *The Positive Side*

[More on emotional health](#)

Heart health

Cardiovascular health for people living with HIV

- [Cardiovascular Health](#) from *A Practical Guide to a Healthy Body for People Living with HIV*, CATIE's guide to preventing and managing multiple health conditions for people living with HIV
- [Keep your ticker tocking](#) from *The Positive Side*, CATIE's health and wellness magazine for people living with HIV
- [HIV and cardiovascular disease](#) - CATIE fact sheet
- [Ask the Experts: Managing Lipid Levels](#) from *The Positive Side*, CATIE's health and wellness magazine for people living with HIV

[More on heart health](#)

HIV and chronic inflammation

Inflammation caused by HIV and its effects on the body

- [Oxidative Stress and Inflammation](#) from *A Practical Guide to a Healthy Body for People Living with HIV*, CATIE's guide to preventing and managing multiple health conditions for people living with HIV
- [Inflammation information](#) from *The Positive Side*, CATIE's health and wellness magazine for people living with HIV
- [Inflammation and HIV](#) from *TreatmentUpdate*, CATIE's digest on HIV and hepatitis C research and treatment
- [Why all the fuss about inflammation?](#) from *CATIE News*, CATIE's HIV and hepatitis C news bulletins

[More on chronic inflammation](#)

Kidney health

Kidney health for people living with HIV

- [Kidney Health](#) from *A Practical Guide to a Healthy Body for People Living with HIV*, CATIE's guide to preventing and managing multiple health conditions for people living with HIV
- [The Kidneys](#) from *TreatmentUpdate*, CATIE's digest on HIV and hepatitis C research and treatment
- [Kidneys take centre stage](#) from *The Positive Side*, CATIE's health and wellness magazine for people living with HIV

- [Ask the Experts: Kidney Health](#) from *The Positive Side*

[More on Kidneys](#)

Liver health

Liver health for people living with HIV

- [Liver Health](#) from *A Practical Guide to a Healthy Body for People Living with HIV* , CATIE's guide to preventing and managing multiple health conditions for people living with HIV
- [Me and my liver](#) from *The Positive Side*, CATIE's health and wellness magazine for people living with HIV
- [Liver toxicity](#) from *A Practical Guide to HIV Drug Side Effects* , CATIE's guide to common HIV drug side effects

[More on Liver health](#)

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Disclaimer

Decisions about particular medical treatments should always be made in consultation with a qualified medical practitioner knowledgeable about HIV- and hepatitis C-related illness and the treatments in question.

CATIE provides information resources to help people living with HIV and/or hepatitis C who wish to manage their own health care in partnership with their care providers. Information accessed through or published or provided by CATIE, however, is not to be considered medical advice. We do not recommend or advocate particular treatments and we urge users to consult as broad a range of sources as possible. We strongly urge users to consult with a qualified medical practitioner prior to undertaking any decision, use or action of a medical nature.

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