Programming guides and tools

Developing, delivering and evaluating programs

Collections of community and clinical programs

Learn about other front-line and clinical programs

- Programming Connection, CATIE’s toolkit of Canadian frontline program models, materials and planning resources
- Canadian Best Practices Portal – Public Health Agency of Canada (PHAC)
- Directory of promising programs and services for older people living with HIV in Canada – Canadian Working Group on HIV and Rehabilitation (CWGHR)
- Effective Interventions – HIV prevention that works – Centers for Disease Control and Prevention – CDC
- Prevention Science – University of California San Francisco

Guides for health care delivery

Guides, best practices and procedures for HIV and hepatitis C clinical services

Transmission risk assessment and counselling

Guides for HIV and hepatitis C transmission risk assessment and counselling

- HIV Transmission: Factors that Affect Biological Risk – Canadian AIDS Society
- UK national guidelines on safer sex advice – British HIV Association | British Association for Sexual Health and HIV
- HIV transmission guidelines for assessing risk: a resource for educators, counsellors and health care professionals – Canadian AIDS Society
- Certainly uncertain: Challenges in communicating HIV risk from Prevention in Focus, CATIE’s online prevention resource

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Testing and counselling

Guides for HIV and hepatitis C testing and pre- and post-test counselling

- Human Immunodeficiency Virus: Screening and Testing Guide – Public Health Agency of Canada
- Hepatitis C virus pre- and post-test checklists – British Columbia Centre for Disease Control
- National Deliberative Dialogue on Reaching the HIV Undiagnosed: Scaling up effective programming approaches to HIV testing and linkage to prevention and care: Meeting report – CATIE
- HIV Prevention in Clinical Care Settings: 2014 Recommendations of the International Antiviral Society–USA Panel
- Counselling Guidelines for Clients with High HIV Anxiety and No/Low Risk – Hassle Free Clinic
- A Guide to Comprehensive Hepatitis C Counseling and Testing – Center for Disease Control and Prevention

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Pre-exposure prophylaxis (PrEP)
Guides on the use of pre-exposure prophylaxis for HIV

- Canadian guidelines on HIV pre-exposure prophylaxis and nonoccupational postexposure prophylaxis - Biomedical HIV Prevention Working Group of the CIHR Canadian HIV Trials Network (CTN)
- Guideline on when to start antiretroviral therapy and on pre-exposure prophylaxis for HIV - World Health Organization (WHO)
- La prophylaxie préexposition au virus de l'immunodéficience humaine : Guide pour les professionnels de la santé du Québec
- HIV Prevention in Clinical Care Settings: 2014 Recommendations of the International Antiviral Society–USA Panel

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Websites

- Pre-exposure prophylaxis (PrEP) – Project Inform
- Post-exposure prophylaxis (PEP)

Guides on the use of post-exposure prophylaxis

- Canadian guidelines on HIV pre-exposure prophylaxis and nonoccupational postexposure prophylaxis - Biomedical HIV Prevention Working Group of the CIHR Canadian HIV Trials Network (CTN)
- HIV Post-Exposure Prophylaxis (PEP) Guidelines - British Columbia Centre for Excellence in HIV/AIDS
- Pocket P.E.P.: Clinical management of non-occupational and occupational exposure to blood borne pathogens - St. Michael’s Hospital
- HIV Prevention in Clinical Care Settings: 2014 Recommendations of the International Antiviral Society–USA Panel
- Updated US Public Health Service Guidelines for the Management of Occupational Exposures to HIV and Recommendations for Postexposure Prophylaxis - Centers for Disease Control and Prevention (CDC)

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HIV treatment and care

Guides on delivering HIV treatment and care

Treatment guidelines

- Therapeutic Guidelines for Antiretroviral (ARV) Treatment of Adult HIV Infection - British Columbia Centre for Excellence in HIV/AIDS
- Guidelines for the Use of Antiretroviral Agents in HIV-1-Infected Adults and Adolescents - U.S. Department of Health and Human Services
- Antiretroviral Drugs for Treatment and Prevention of HIV Infection in Adults - 2018 Recommendations of the International Antiviral Society–USA Panel
- European AIDS Clinical Society Guidelines
- La thérapie antirétrovirale pour les adultes infectés par le VIH : Guide pour les professionnels de la santé du Québec - Ministère de la Santé et des Services sociaux du Québec (French only)
- Consolidated guidelines on the use of antiretroviral drugs for treating and preventing HIV infection:
Recommendations for a public health approach - Second edition – World Health Organization (WHO)

- Guideline on when to start antiretroviral therapy and on pre-exposure prophylaxis for HIV – WHO, 2016
- 2016 updated Canadian HIV/hepatitis C adult guidelines for management and treatment – CIHR Canadian HIV Trials Network Coinfection and Concurrent Diseases Core Research Group

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Care and support

- IAPAC Guidelines for Optimizing the HIV Care Continuum for Adults and Adolescents – International Association of Providers of AIDS Care
- The HIV treatment cascade - patching the leaks to improve HIV prevention from Prevention in Focus, CATIE’s online prevention resource
- Caring for clients who are at risk for or living with HIV/AIDS - best practice guidelines – Canadian Association of Nurses in AIDS Care
- Legal and Clinical Implications of HIV Non/Disclosure: A Practical Guide for HIV Nurses in Canada – Canadian Association of Nurses in AIDS Care
- Consolidated guidelines on HIV prevention, diagnosis, treatment and care for key populations – World Health Organization (WHO), 2016
- Recommendations for HIV prevention with adults and adolescents with HIV in the United States, 2014
- HIV Prevention in Clinical Care Settings: 2014 Recommendations of the International Antiviral Society–USA Panel

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Reproductive and maternal health

- MaterniKit – Maple Leaf Medical
- Canadian HIV Pregnancy Planning Guidelines – Society of Obstetricians and Gynaecologists of Canada

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Lesbian, gay, bisexual and trans communities

Lesbians

- Caring for lesbian health: a resource for Canadian health care providers, policy makers, planners – Health Canada
- Asking the Right Questions 2: Talking With Clients About Sexual Orientation and Gender Identity in Mental Health, Counselling and Addiction Settings – Centre for Addiction and Mental Health

Gay, bisexual and other men who have sex with men

- Engaging with Men who have Sex with Men in the Clinical Setting: A Primer for Physicians, Nurses and Other Health Care Providers – Global Forum on MSM & HIV
- Asking the Right Questions 2: Talking With Clients About Sexual Orientation and Gender Identity in Mental Health, Counselling and Addiction Settings – Centre for Addiction and Mental Health
- Prevention and Treatment of HIV and Other Sexually Transmitted Infections Among Men who have Sex with Men and Transgender People: Recommendations for a Public Health Approach – World Health Organization (WHO)

Trans people

- Care of the HIV-Infected Transgender Patient – World Professional Association of Transgender Health
- Taking Charge: A Handbook for Health Care and Social Service Providers Working with Trans People – Cactus Montreal
- Asking the Right Questions 2: Talking With Clients About Sexual Orientation and Gender Identity in Mental Health, Counselling and Addiction Settings – Centre for Addiction and Mental Health
Prevention and Treatment of HIV and Other Sexually Transmitted Infections Among Men who have Sex with Men and Transgender People: Recommendations for a Public Health Approach – World Health Organization (WHO)

- Guidelines for the Primary Care of Transgender and Gender Nonbinary People – UCSF Center of Excellence for Transgender Health

- **Hepatitis C treatment and care**

Guides on delivering hepatitis C treatment and care

- The management of chronic hepatitis C: 2018 guideline update from the Canadian Association for the Study of the Liver
- 2016 updated Canadian HIV/hepatitis C adult guidelines for management and treatment – CIHR Canadian HIV Trials Network Coinfection and Concurrent Diseases Core Research Group
- Recommendations for Testing, Managing, and Treating Hepatitis C – American Association for the Study of Liver Diseases
- Toronto Community Hepatitis C program – South Riverdale Community Health Centre
- Guidelines for the screening, care and treatment of persons with hepatitis C infection – World Health Organization (WHO)
- Recommendations for the management of hepatitis C virus infection among people who inject drugs – International Network for Hepatitis in Substance Users

**Treatment and care of related infections**

Guides on delivering treatment and care for infections related to HIV and hepatitis C

- Canadian guidelines on sexually transmitted infections – Public Health Agency of Canada
- Management of chronic hepatitis B: Canadian Association for the Study of the Liver consensus guidelines
- Canadian Tuberculosis Standards – Canadian Lung Association, Canadian Thoracic Society, Public Health Agency of Canada
- HIV Prevention in Clinical Care Settings: 2014 Recommendations of the International Antiviral Society–USA Panel
- Sexually Transmitted Diseases Treatment Guidelines, 2015 – Centers for Disease Control and Prevention (CDC)

**General tools for program planning and evaluation**

**General tools to guide program planning**

- The Community Tool Box – Work Group for Community Health and Development, University of Kansas
- RE-AIM
- Center for AIDS Prevention Studies (CAPS) Resources
- National Collaborating Centre for Methods and Tools
- Making Health Communication Programs Work – National Cancer Institute

**More**

**Tools to guide the use of research in program planning**

- Guidelines for effective use of data from HIV surveillance systems – UNAIDS/WHO
- Resource highlight: PubMed Central Canada from Prevention in Focus, CATIE’s online prevention resource
- Getting useable knowledge from research into your hands: Practical use of the Cochrane Database of Systematic Reviews from Prevention in Focus
- Let the adaptation begin: A potential solution to your programming dilemmas from Prevention in Focus

**General tools to guide program evaluation**

- HIV and Hepatitis C Community Action Fund Evaluation Tools – Public Health Agency of Canada
Programming guides and tools for specific populations

Practical guides, models and best practices for delivering prevention and healthy living programs to specific populations

Aboriginal peoples

Guides and models on programming for Aboriginal peoples


Black, African and Caribbean communities

Guides and models on programming for Black, African and Caribbean communities

Gay, bisexual and other men who have sex with men

Guides and models on programming for gay, bisexual and other men who have sex with men

- [Re-centering our approach to gay and bisexual men’s health and HIV prevention](https://www.preventioninfocus.org/guidelines/living-with-hiv) from [Prevention in Focus](https://www.preventioninfocus.org), CATIE’s online prevention resource
- [The Cruising Counts Guide](https://www.gmsha.org/cruising-counts-guide) – Gay Men’s Sexual Health Alliance

Women

Guides and models on programming for women

- [Gender matters in HIV prevention](https://www.preventioninfocus.org/guidelines/living-with-hiv) from [Prevention in Focus](https://www.preventioninfocus.org), CATIE’s online prevention resource
- [HIV prevention for Aboriginal women in Canada](https://www.preventioninfocus.org/guidelines/living-with-hiv) from [Prevention in Focus](https://www.preventioninfocus.org), CATIE’s online prevention resource

Young people

Guides and models on programming for young people

For classroom education, see [Educational resources for parents and teachers](https://www.preventioninfocus.org/resource-center/parents-and-teachers)

- [GIYPA Guidebook: Supporting Organisations and Networks to Scale up the Meaningful Involvement of Young People Living with HIV](https://www.giypa.org/giypa-guidebook-supporting-organisations-and-networks-to-scale-up-the-meaningful-involvement-of-young-people-living-with-hiv) – Global Network of People Living with HIV
Empower: Youth, Arts and Activism: An HIV/AIDS Arts Activism Manual for Youth by Youth – Youth Action Network | Gendering Adolescent AIDS Prevention | Centre for Urban Health Initiatives

The Sex Educator: A Magazine for Educators Who Conduct Health Education Activities with High-School Students – Ministère de la Santé et des Services sociaux du Québec | Tel-jeunes | Université du Québec à Montréal

Questions and answers: Sexual health education for youth with physical disabilities – Public Health Agency of Canada

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Older adults

Guides and models on programming for older adults

- HIV and aging: a 2013 environmental scan of programs and services in Canada - community report – Canadian Working Group on HIV and Rehabilitation (CWGHR)
- Questions and answers: Prevention of sexually transmitted and blood borne infections among older adults – Public Health Agency of Canada (PHAC)

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Prisoners

Guides and models on programming for prisoners

- Hard time: promoting HIV and hepatitis C prevention programming for prisoners in Canada – Canadian HIV/AIDS Legal Network

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Sex workers

Guides and models on programming for sex workers

- The Toolbox: What Works for Sex Workers – Prostitutes of Ottawa/Gatineau work, educate and resist (POWER)
- Interventions for the Prevention of the Sexual Transmission of HIV among Female Sex Workers and their Clients and Non-Paying Partners in Canada – National Collaborating Centre for Infectious Diseases

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People who use injection drugs

Guides and models on programming for people who use injection drugs

- Information guide for peer workers and agencies – Toronto Harm Reduction Task Force
- Nothing About Us Without Us - Greater, meaningful involvement of people who use illegal drugs; a public health, ethical, and human rights imperative – Canadian HIV/AIDS Legal Network
- Best Practice Recommendations for Canadian Harm Reduction Programs that Provide Service to People Who Use Drugs and are at Risk for HIV, HCV, and Other Harms: Part 1 – Working Group on Best Practice for Harm Reduction Programs in Canada
- Best Practice Recommendations for Canadian Harm Reduction Programs that Provide Service to People Who Use Drugs and are at Risk for HIV, HCV, and Other Harms: Part 2

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Guides and tools for specific programming approaches

Practical guides, models and best practices for specific prevention and healthy living programming approaches
Peer health navigation

Guides and models for peer health navigation programming


Harm reduction

Guides and models for harm reduction programming

- Best Practice Recommendations for Canadian Harm Reduction Programs that Provide Service to People Who Use Drugs and are at Risk for HIV, HCV, and Other Harms – Working Group on Best Practice for Harm Reduction Programs in Canada
- Harm Reduction Training Manual: A Manual for Frontline Staff Involved with Harm Reduction Strategies and Services – British Columbia Centre for Disease Control
- Connecting in the community: Outreach programs for people who use drugs from Prevention in Focus, CATIE’s online prevention resource

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Sexual health and safer sex

Guides and models for sexual health and safer sex programming

For counselling resources, see Transmission risk assessment and counselling

- Canadian guidelines for sexual health education – Public Health Agency of Canada

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Prevention technologies

Guides and models for programming on prevention technologies

- CATIE statement on the use of condoms to prevent the sexual transmission of HIV
- CATIE statement on the use of pre-exposure prophylaxis (PrEP) to prevent the sexual transmission of HIV
- CATIE statement on the use of antiretroviral treatment (ART) and an undetectable viral load to prevent the sexual transmission of HIV

Outreach

Guides and models for outreach programming

- Outreach Planning Guide For Infectious Disease Practitioners who work with Vulnerable Populations – National Collaborating Centre for Infectious Diseases
- Connecting in the community: Outreach programs for people who use drugs from Prevention in Focus, CATIE’s online prevention resource

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Social marketing

Guides and models for social marketing

- A guide to planning effective health communication campaigns for gay men – AIDS Vancouver
- Advertising on the internet - tips and lessons from CATIE’s Syphilis Campaign – CATIE
- It’s Different Now and Change HIVstory: A Social Marketing Campaign from Programming Connection, CATIE’s toolkit of programming case studies
- HIV/AIDS community action toolkit: your guide to planning, promoting and evaluating HIV/AIDS awareness activities for community-based organizations – Canadian Public Health Association
Websites

- Gay Men's Sexual Health Alliance (GMSH)
- Projet Mobilise

Collaboration and partnerships

Guides and models for programming in collaborations and partnerships

- The Partnership Handbook – Human Resources Development Canada
- Collaboration Toolkit – North Etobicoke Local Immigration Partnership

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Guides and tools for delivering training

Guides and models for delivering training or information sessions on HIV or hepatitis C in community settings

For classroom education, see Educational resources for parents and teachers

- Behind the Pandemic in Aboriginal Communities: An Educational Resource Kit on HIV and AIDS – Canadian Aboriginal AIDS Network | Interagency Coalition on AIDS and Development
- Educate to Empower: Training of Trainers Curriculum – AIDS Vancouver
- Peerology: A guide for and by people who use drugs on how to get involved – Canadian AIDS Society

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Websites

- CATIE Practice Guidelines for in Peer Health Navigation for People Living With HIV Portal - Chapter 7: Program management – training for peer health navigators
Disclaimer

Decisions about particular medical treatments should always be made in consultation with a qualified medical practitioner knowledgeable about HIV- and hepatitis C-related illness and the treatments in question.

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