![CATIE logo](CATIE — Canada's source for HIV and hepatitis C information / La source canadienne de renseignements sur le VIH et l'hépatite C)

Practice Guidelines in Peer Health Navigation for People Living with HIV

CATIE and a national working group have developed national evidence-based guidelines on peer health navigation in HIV. The guidelines provide agencies with research- and practice-based information and recommendations to develop, implement and strengthen peer health navigation programs. Peer health navigation programs have been shown to improve health and wellbeing outcomes for people living with HIV.

Practice guidelines

General programming resources and tools

Programming resources and tools by chapter

Practice guidelines

Practice guidelines in peer health navigation for people living with HIV (complete guidelines PDF)

Summary of recommendations (PDF)

General programming resources and tools

These guides, toolkits and case studies provide an overview of HIV peer health navigation programs from planning and development to implementation and evaluation. They can be used to support the implementation of recommendations from the practice guidelines.

For additional resources and tools to support the implementation of recommendations within specific guideline chapters, see Programming resources and tools by chapter.

Building blocks to peer program success: A toolkit for developing HIV peer programs

Peer Education and Training Sites/Resource and Evaluation Center (PETS/REC) Initiative

This toolkit for the development and delivery of peer programs that support client engagement and retention in care was developed by a group of organizations in the United States. Also available are a collection of tools for each toolkit chapter and a manual for peer training.

Best practices for integrating peer navigators into HIV models of care

AIDS United

This resource presents best practices and lessons learned from peer health navigation programs in the United States funded through the organization AIDS United.

Peer navigation for key populations: Implementation guide

FHI 360

This is an HIV peer health navigation guide directed at programs supported by the human development organization FHI 360. While the guide focuses on international settings, it provides many practical suggestions and tools that can inform peer health navigation programs in Canada.

HIV navigation services: A guide to peer and patient navigation programs

NMAC

This guide explores the delivery of peer and patient navigation programs in the United States. It explains the history and context of patient navigation programs, provides program examples and outlines steps and issues to consider when developing a program.

[Getting started: A guide to develop and deliver peer support services](#)⧉

Canadian Mental Health Association Kelowna & District Branch

This guide is part of a toolkit to support community-based organizations delivering peer-based emotional and social support to people living with HIV and/or hepatitis C. It reviews basic components of a peer support program including recruitment, compensation, supervision and support, and policy and procedure examples.

[Programming Connection](#)

CATIE

The Programming Connection is CATIE's online toolkit highlighting models of frontline programs. This package contains health navigation programming resources including an evidence review (a review of the health navigation evidence), evidence briefs (a review of a study on health navigation) and case studies highlighting Canadian health navigation programs.

[Peer health navigation in HIV services](#)

CATIE

This webinar unpacks diverse peer health navigation models and introduces the *Practice guidelines in peer health navigation for people living with HIV* .

Programming resources and tools by chapter

Access individual chapters and additional resources and tools to support the implementation of recommendations for each chapter.

Created by Canadian and international organizations, the resources range from guides and manuals you can consult during program planning and delivery, to forms and templates you can use as models for your program. They include peer health navigation resources, as well as resources that may not be specific to peer health navigation or HIV but can still be used to inform peer health navigation programs.

The resources are provided for your reference. If you are interested in adapting a resource for your program, please consult the relevant information within that resource or contact the resource creator for any copyright limitations.

Additional resource recommendations for these pages are welcome and can be forwarded to programmingconnection@catie.ca✉ for consideration.

- [Chapter 1: Infrastructure assessment for peer health navigation programs](#)
- [Chapter 2: Peer health navigator roles and responsibilities](#)
- [Chapter 3: Ethical considerations for peer health navigation programs](#)
- [Chapter 4: Program management – recruitment and selection of peer health navigators](#)
- [Chapter 5: Program management – compensation for peer health navigators](#)
- [Chapter 6: Program management – supervision, support, and mentorship for peer health navigators](#)
- [Chapter 7: Program management – training for peer health navigators](#)
- [Chapter 8: Program management – monitoring and evaluation for peer health navigation programs](#)
- [Chapter 9: Integrating peer health navigators into a host agency](#)
- [Chapter 10: Integrating peer health navigators into healthcare settings](#)
- [Chapter 11: Community engagement and development for peer health navigation programs](#)

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CATIE — Canada's source for HIV and hepatitis C information

Disclaimer

Decisions about particular medical treatments should always be made in consultation with a qualified medical practitioner knowledgeable about HIV- and hepatitis C-related illness and the treatments in question.

CATIE provides information resources to help people living with HIV and/or hepatitis C who wish to manage their own health care in partnership with their care providers. Information accessed through or published or provided by CATIE, however, is not to be considered medical advice. We do not recommend or advocate particular treatments and we urge users to consult as broad a range of sources as possible. We strongly urge users to consult with a qualified medical practitioner prior to undertaking any decision, use or action of a medical nature.

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