

Here is a checklist of things you can talk about when you see your doctor or nurse.

- Ask if you have had the blood test that checks for the hepatitis C virus. This could be the hepatitis C RNA test or the core antigen test.
- Find out the type (genotype) of hepatitis C you have. The hepatitis C genotypes are 1a, 1b, 2, 3, 4, 5 and 6. Your genotype might affect what medicines can be used if you get treated for hepatitis C.
- Talk about your treatment options. For example,
 - if and when to start treatment
 - the type of medicine that might be used if you get treated for hepatitis C
 - if the cost of the medicine will be covered
- Have your liver checked for damage. This could mean having a physical exam, a scan of your liver (FibroScan), or blood tests
- Ask if you need to see a doctor who is a hepatitis C specialist
- Check that your vaccinations are up to date, including hepatitis A and B and the flu. Ask how to protect yourself from other infections, such as HIV or other genotypes of hepatitis C.
- If you take vitamins, herbal preparations or over-the-counter medications ask your doctor about which ones are safe for the liver.