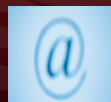


## Resources

- Your mentor(s)
- **Call 1-800-SEX-SENSE**
- [www.youthhavethepower.com](http://www.youthhavethepower.com)
- **The Native Youth Sexual Health Network**
- Community Health Nurses and your Doctor
- **Call Hiiye'yu Lelum at 250-748-2242**
- [www.scarlateen.com](http://www.scarlateen.com)
- **Red Road HIV/AIDS Network**
- **Your elders, family and friends**



KW'UM KW'AM  
S'ULI

Peer-education

Connect w/  
Fairlie & Matthew

[Fairlie.Mendoza@cowichantribes.com](mailto:Fairlie.Mendoza@cowichantribes.com)

[MLouie@hofduncan.org](mailto:MLouie@hofduncan.org)

Strong spirit at the

HIIE'YU LELUM

106 - 5462 Trans Canada Highway  
Duncan, BC PO Box 1015 V9L 3Y2

Phone: 250-748-2242 ext. 137 Fax: 250-748-2238

[www.hofduncan.org](http://www.hofduncan.org)

You are invited to  
join our  
Peer-education Team



We have several areas you can volunteer for to help our team and develop your skills

Learn how to facilitate our  
workshops

for First Nations, Inuit and Metis people in the Cowichan region to facilitate our workshops with small and large community groups. The workshops are:

- HIV 101
- HCV 101
- STIs 101

Sexual Self-esteem



Leadership and Public Speaking Development

Youth & Elder Reps

Facilitators

Curriculum Development

Health Professionals

Student Representative

Cowichan Tribes Rep

Strong Spirit through peer-education. We need your help in the peer-education team in and out of the classroom. You can also help our facilitators with developing inclusive curriculum or analyzing feedback from workshop participants.