# Integration of HIV, HCV and other sexually transmitted and blood-borne infections:

examples from practice

 Integrated Harm Reduction Programs at Outreach Urban Health in Kelowna BC

## Outreach Urban Health

Kelowna British Columbia



## Health Care for All



## Medical Services Plan coverage not required!

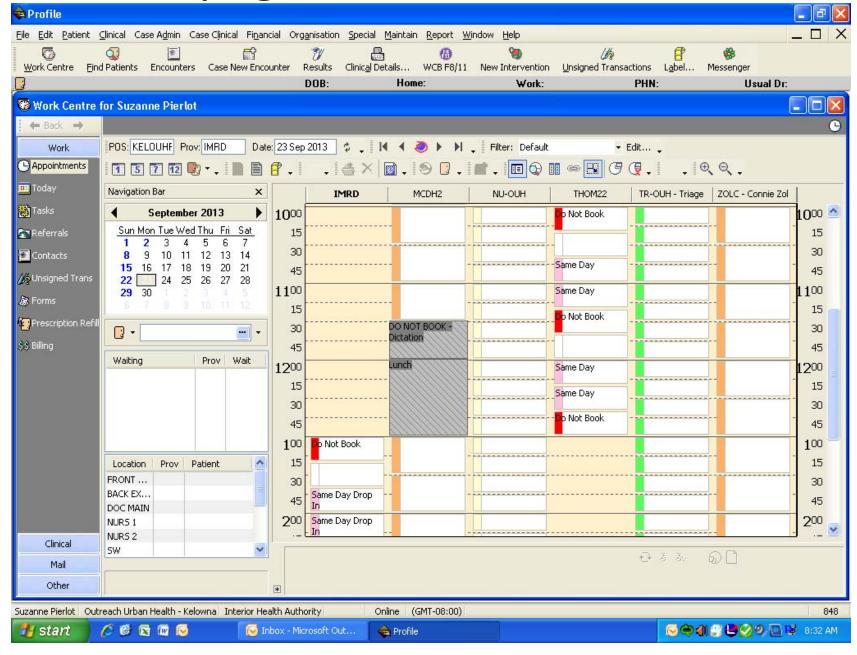
OUH is a subsidized primary care clinic that provides care to anyone in need

- Out of province
- Out of country
- Unattached
- Off the grid

Each person has a different story and unique needs.



## EMR home page



## Physician Lead ~ HIV & HCV

#### Dr. Heather McDonald

- Chairs our STOP HIV/AIDS committee
- Provides mentorship, education and in-services to other physicians, local agencies, OUH staff & clients.



## HIV ~ hep@

**Client Centered Care** 

lab & Pharmacy

medical care



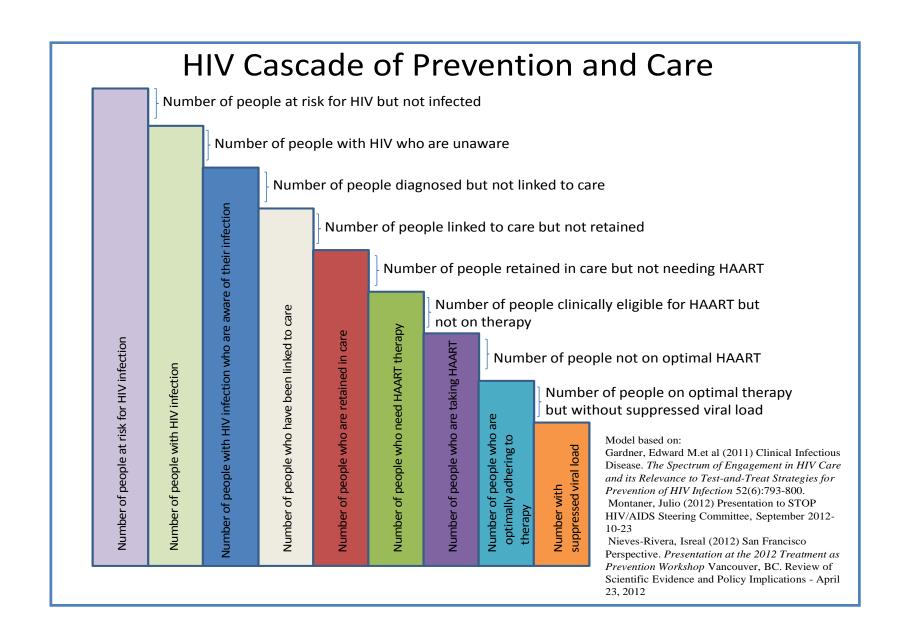
testing

mental health support

education

social support





#### **OUH HIV Stats**

Of 100 HIV clients over past 36 months, 52 MOGE (moved or gone elsewhere)

#### **Population of Focus = 48**

#### Our numbers!

96

94

85

83

95

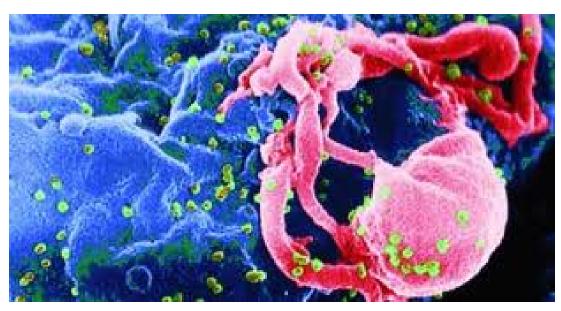




#### **OUH HCV Stats**

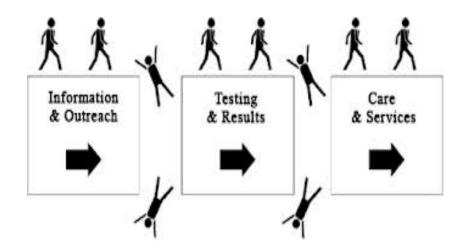
- among frequent clients
- 31% positive of anti bodies
- 21 % positive for PCR (chronic active)





### Client – N.F.

- 46 year old aboriginal man from out of province
- past history of polysubstance use
- now presents with an outbreak of genital herpes
- treated for herpes and swabs taken and given a requisition for LFTs, renal function, fasting glucose, hep and HIV serology and RPR



 AT LAB- NOT FASTING AND SENT HOME

### Client - N.F.

- 3 years later presents with oral yeast infection
- treated for oral candidiasis with mycostatin
- given a lab requisition not fasting

ANTI-HIV POSITIVE
WESTERN BLOT POSITIVE
ALT- INCREASE 65
AST- INCREASE 70
ANTI-HCV POSITIVE
HBA1C- 6.5



#### **Harm Reduction**

Consultation & Engagement

- BBI's
- STI's
- TB



## Social Determinants of Health





## **PICC**

Partners In Community Collaboration (PICC) is a community partnership which assists in removing barriers to appropriate service delivery for "disenfranchised" individuals. PICC blends a variety of disciplines within the health authority of Interior Health with a variety of non profit agencies. In general, PICC aims to address social, economic and environmental issues that impact the health of clients. Specifically PICC aims to remove barriers impacting health, increase continuum of care for clients and decrease the number of disenfranchised and homeless individuals in Kelowna.



#### Client Engagement Process

Relationship Building

Worker engages client (Any Worker-Any Agency) Discussion regarding client's needs and potential resources available (Worker and Client) Worker brings forward client's needs to larger PICC group with case management plan to follow Post PICC

Case management of PICC'd clients occurs throughout the week. PICC builds relationships between agencies and increases accessibility and accountability



#### <u>Structure</u>

Front line staff meet once a week for one hour

Individually We Change Today;

Collectively We Change Tomorrow

- Introductions
- Confidentiality agreement signed Information shared is only relevant to service needs of client
- · A facilitator starts meeting
- Clockwise progression of staff who bring forward clients with service connection/case management needs

For further information on this initiative or any of the agencies involved, please contact: Erika Schrank

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#### Benefits to the Client

- \* Person Identified within the PICC Community
- . Historical Perspective may be Gained
- \* Prevents Duplication of Service
- . Greater Resource Availability
- More Focused Plan of Action
- . Clients are not "Dropped"

#### Benefits to the Agencies

- Increased Communication
- Increased Awareness of Services Available
- Relationship Building
- Respect
- Support
- Recognition
- · Perspective
- Vonching

#### Benefits to the Community

- Capacity Building
- Accountability
- . Relationship Building